

Upper Trailing Arm Installation Instructions

Tools Required:

- Hydraulic jack and jack stands
- Metric socket and wrench set
- Allen bits

Installation:

- 1. Lift the rear of the vehicle and safely support on jack stands. Remove both rear wheels.
- 2. Using an 18mm wrench, socket, and ratchet remove the outer nut and bolt **IMAGE 1**
- 3. Using the same tools, repeat the process for the inner nut and bolt
- 4. Make sure the initial length of this adjustable control arm matches the stock arm, hole-to-hole. Tighten jam nut to 40 ft-lbs. IMAGE 2
- 5. Install the BMR upper trailing arm, bearing end first. If needed, remove one end of the upper control arm to make fitment easier. Leave the bolt finger tight.
- 6. Install outer bolt and nut.
- 7. Torque the outer and inner bolts to 81 ft-lbs

It is recommended to have the vehicle professionally aligned after installation





IMAGE 1

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This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.