

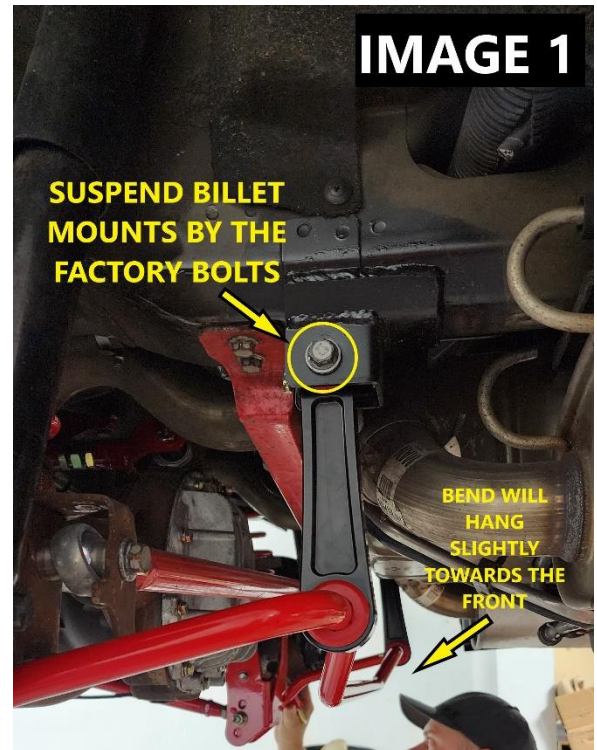
Sway Bar Installation Instructions

Tools Required:

- Jack and jack stands
- Metric sockets and wrenches

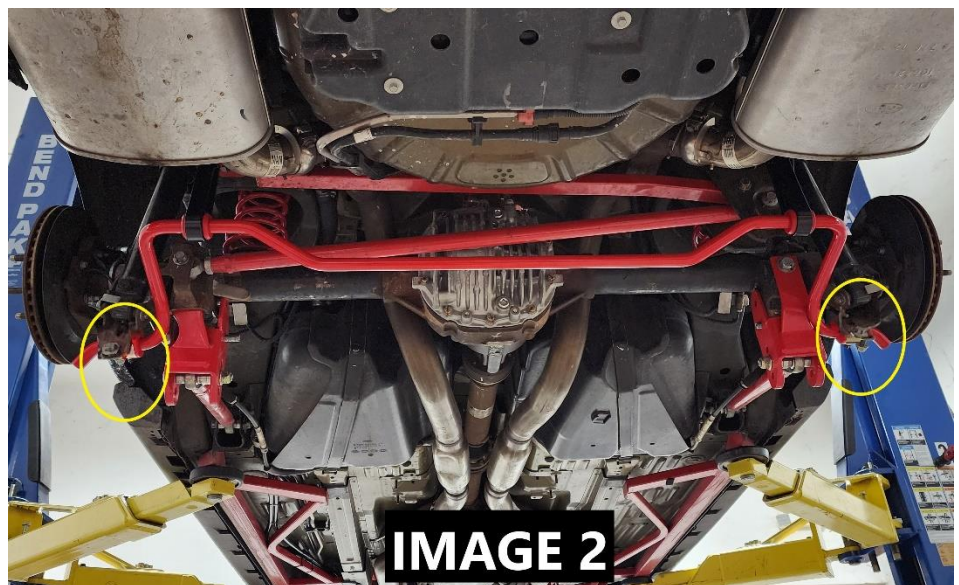
Rear Installation:

1. Lift the rear of the car by its axle and support. It is easiest to remove and install the swaybar with stands under the axle and wheels removed.
2. Remove the four outer swaybar bolts (two on each side) using a **15mm** socket. Remove the bushing saddles.
3. Using the same socket, remove the two (one on each side) swaybar link bolts located on the frame and then remove the swaybar.



4. Install the bushing end of the BMR supplied endlinks into the frame mounts and install the factory bolts. **IMAGE 1**
5. Install the 7/8" saddle bushings over the swaybar and line up the saddles with the factory studs on the rear end. Leave these bolts finger tight. **IMAGE 2**

6. Hold the rear end at ride height using jack stands or screw jacks and tighten the endlink bolts to **40 ft lbs** and the saddle bolts to **45 ft lbs**
7. Grease bushings. Re-install wheels and tires and lower vehicle.



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Sway Bar Installation Instructions

Front Installation:

1. Lift the front vehicle and safely support with stands under the frame.
2. Remove the outer swaybar endlink bolts using a **18mm** socket. Leave endlinks attached to struts.

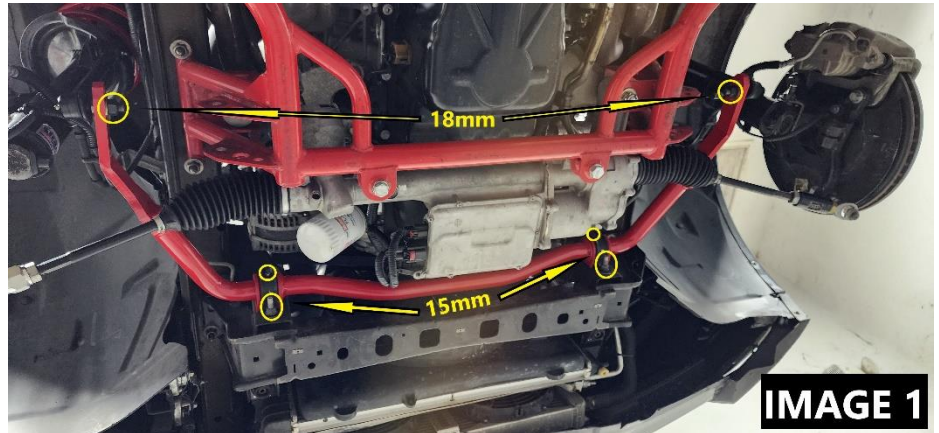


IMAGE 1

3. Using a **15mm** socket, remove all 4 bushing saddle bolts (two per side) and then remove the swaybar.
4. Lube the inside of the 1-3/8" bushings with synthetic grease. We recommend Super Lube (BMR part number **SUL41150**)
5. Install the bushings onto the new swaybar.
6. Position the factory saddles over the new bushings and mount the swaybar in place using the OE hardware. Tighten to **52 ft lbs**
7. Pivot the swaybar up into position and insert the endlinks into the swaybar. **Tighten to 85 ft lbs**
8. Lower vehicle.

Sway Bar Rate	
Hole Position	Lbs/in
Softest (furthest from mount)	541 (6% softer than stock)
Middle	602 (4% stiffer than stock)
Stiffest (nearest to mount)	673 (17% stiffer than stock)



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