

## 3<sup>rd</sup> Gen F-Body Sway Bar Kit Installation Instructions

### TOOLS REQUIRED:

- Hydraulic jack and jack stands
- Metric and standard socket and wrench set

### FRONT SWAY BAR INSTALLATION:

1. Lift the front of the vehicle and safely support on jack stands.

2. Disconnect the factory sway bar endlinks

3. Use a 15mm socket to unbolt the factory sway bar saddles

4. Remove and discard the factory sway bar, mounts, and endlinks

5. Using the supplied hardware, attach the sway bar relocation brackets **IMAGE 1**

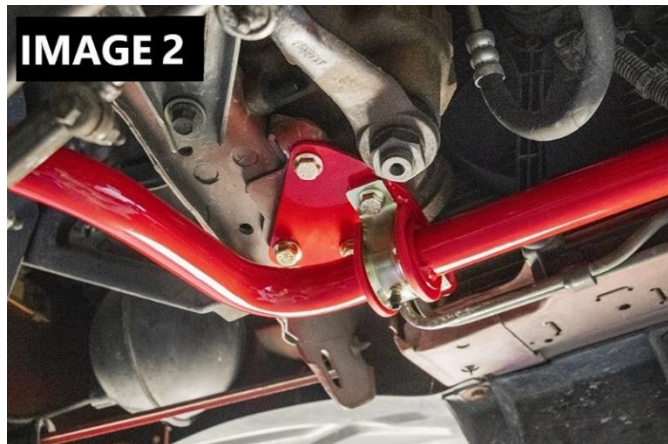
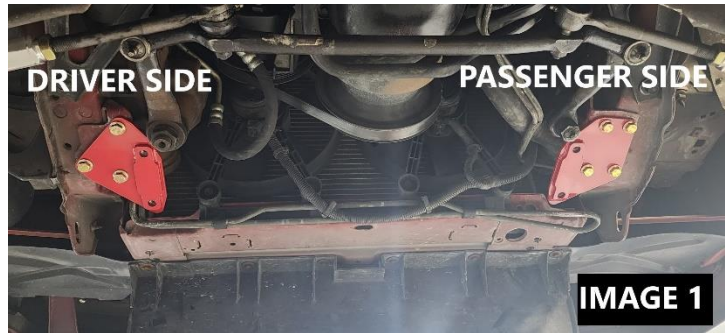
6. Lubricate the bushings and saddles before sliding them onto the sway bar **IMAGE 2**

7. Loosely bolt the saddles to the brackets so you can properly center the sway bar

8. Fasten the endlinks through the control arm and the sway bar as shown in **IMAGE 3**

9. Final tighten the sway bar saddles to the brackets

10. Grease the zerk fittings and set the car back on the ground.



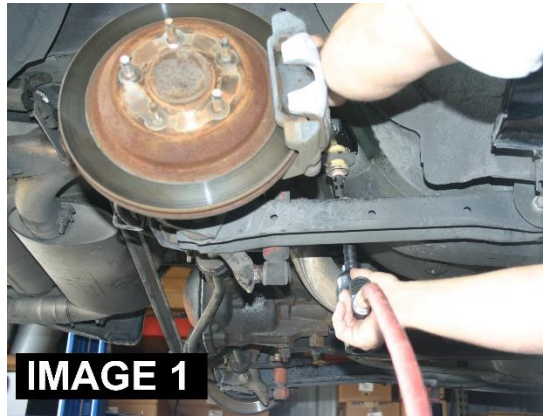
[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*

## 3<sup>rd</sup> Gen F-Body Sway Bar Kit Installation Instructions

### REAR SWAY BAR INSTALLATION:

1. Lift the vehicle and safely support it under the axle with jack stands. The installation is much simpler with the suspension loaded. Remove wheels/tires.
2. Using a 13mm wrench and socket, remove the nuts from the sway bar end links and remove the end links. **IMAGE 1**



3. Using a 13mm socket, remove the nuts from the u-bolts that mount the sway bar to the rear end. Remove the OE sway bar. **IMAGE 2**
4. Using the supplied silicone lube, lube the insides of the polyurethane bushings. Slide the bushings over the BMR sway bar then install the saddles over the bushings. This should resemble **IMAGE 3**
5. Fit the sway bar to the rear axle and make sure the center arch droops downward to clear the differential cover.
6. Install the endlinks through the factory mounts on the frame and down through the sway bar as shown in **IMAGE 4**
7. Before setting the car on the ground, be sure to lubricate the grease zerks with synthetic grease.



[WWW.BMRSUSPENSION.COM](http://WWW.BMRSUSPENSION.COM)

*This product is an aftermarket accessory and not designed by the vehicles manufacturer for use on this vehicle. As such, Buyer assumes all risk of any damage caused to the vehicle or person during installation or use of this product.*